

Unit 4

Lesson 3

Session 3

My Day

Yes/no question Simple present,
Verb+noun phrase to talk about
daily activities



این جلسه باید خلاصه ی

Episode 2 - Hector goes shopping

گفته شود



prompts to talk about life
I **live** in, I **work** in-at-for, I **study** at,
In my free time, I watch - read....

Reading Skill - Verb Phrases
Go to beach, work in a hospital



▶ VOX POPS VIDEO 4

About Me

Positive Simple Present,
verb phrase to talk about **Life**

Journey

Negative Simple present,
+ - contraction, to talk about
journey, transport

Unit 4
My Life

My Day

Yes/no question Simple present,
Verb+noun phrase to talk about
Daily Activities

Speaking - Writing

Ask for things in a shop_(prices)
Write informal email

A day in the life of a journalist

journeys

My life 2

daily activities



work

watch

teach

study

read

play

live

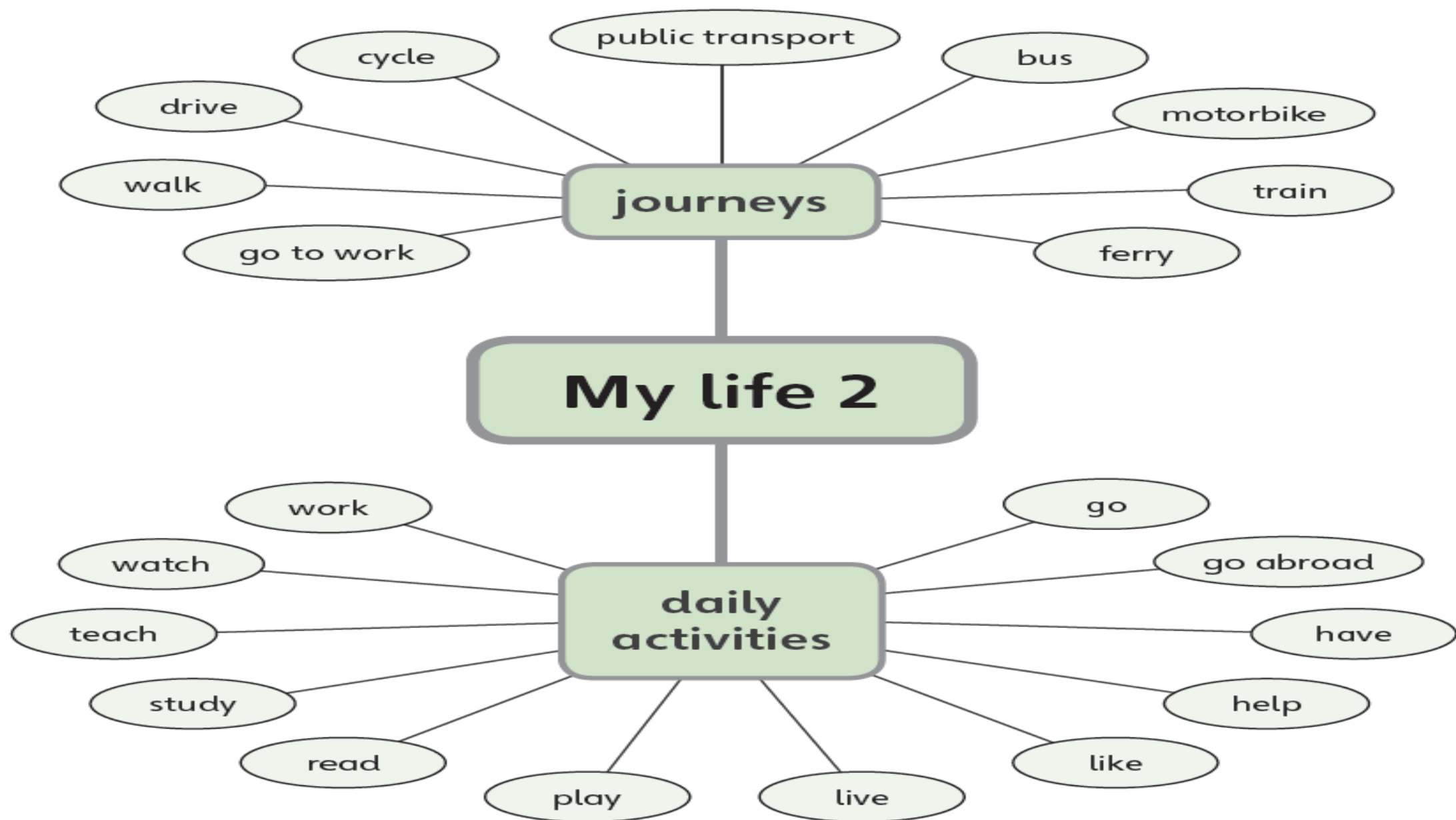
go

go abroad

have

help

like





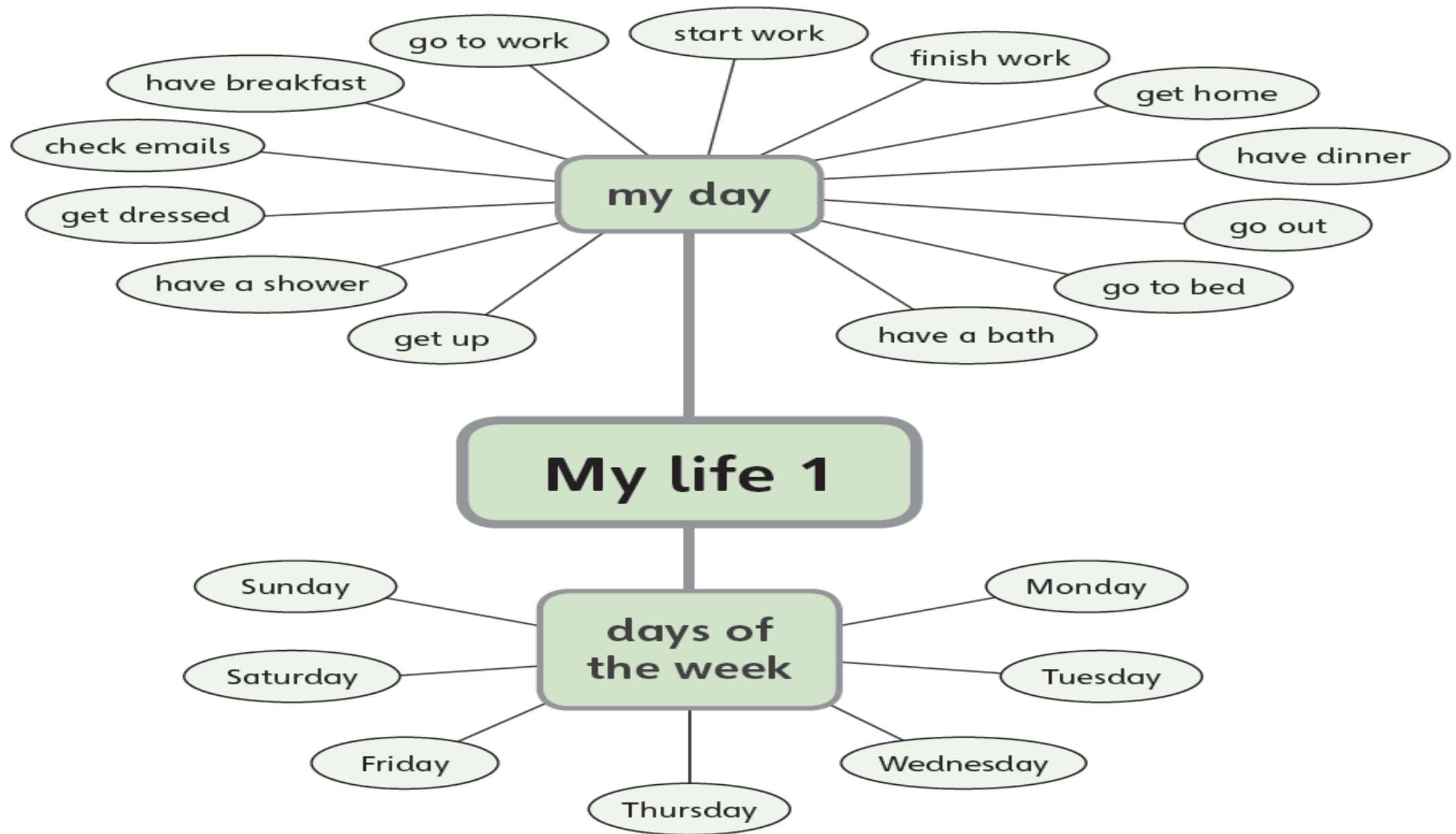
my day

My life 1

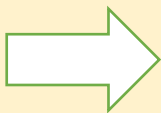
days of the week

June 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22	31	1	2	3	4	5	6
23	7	8	9	10	11	12	13
24	14	15	16	17	18	19	20
25	21	22	23	24	25	26	27
26	28	29	30	1	2	3	4



Calendar



January 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
53	28	29	30	31	1	2	3
01	4	5	6	7	8	9	10
02	11	12	13	14	15	16	17
03	18	19	20	21	22	23	24
04	25	26	27	28	29	30	31

February 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
05	1	2	3	4	5	6	7
06	8	9	10	11	12	13	14
07	15	16	17	18	19	20	21
08	22	23	24	25	26	27	28

March 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
09	1	2	3	4	5	6	7
10	8	9	10	11	12	13	14
11	15	16	17	18	19	20	21
12	22	23	24	25	26	27	28
13	29	30	31	1	2	3	4

April 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
13	29	30	31	1	2	3	4
14	5	6	7	8	9	10	11
15	12	13	14	15	16	17	18
16	19	20	21	22	23	24	25
17	26	27	28	29	30	1	2

May 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
17	26	27	28	29	30	1	2
18	3	4	5	6	7	8	9
19	10	11	12	13	14	15	16
20	17	18	19	20	21	22	23
21	24	25	26	27	28	29	30
22	31	1	2	3	4	5	6

June 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22	31	1	2	3	4	5	6
23	7	8	9	10	11	12	13
24	14	15	16	17	18	19	20
25	21	22	23	24	25	26	27
26	28	29	30	1	2	3	4

July 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	28	29	30	1	2	3	4
27	5	6	7	8	9	10	11
28	12	13	14	15	16	17	18
29	19	20	21	22	23	24	25
30	26	27	28	29	30	31	1

August 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	26	27	28	29	30	31	1
31	2	3	4	5	6	7	8
32	9	10	11	12	13	14	15
33	16	17	18	19	20	21	22
34	23	24	25	26	27	28	29
35	30	31	1	2	3	4	5

September 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
35	30	31	1	2	3	4	5
36	6	7	8	9	10	11	12
37	13	14	15	16	17	18	19
38	20	21	22	23	24	25	26
39	27	28	29	30	1	2	3

October 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
39	27	28	29	30	1	2	3
40	4	5	6	7	8	9	10
41	11	12	13	14	15	16	17
42	18	19	20	21	22	23	24
43	25	26	27	28	29	30	31

November 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
44	1	2	3	4	5	6	7
45	8	9	10	11	12	13	14
46	15	16	17	18	19	20	21
47	22	23	24	25	26	27	28
48	29	30	1	2	3	4	5

December 2021

WN	Mon	Tue	Wed	Thu	Fri	Sat	Sun
48	29	30	1	2	3	4	5
49	6	7	8	9	10	11	12
50	13	14	15	16	17	18	19
51	20	21	22	23	24	25	26
52	27	28	29	30	31	1	2

Days of the week

4-9

How many days
Pron of day – week
what day today ?

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22	31	1	2	3	4	5	6
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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Eshagh joon

What's your favourite day? Why?

My favourite day is Sunday **because I don't go to work **and** I stay home and watch TV.**



A.M.

"ante meridiem" (Latin)

before midday



P.M.

"post meridiem" (Latin)

after midday



1 min Meditation





Rest Time

Listen, repeat

4-10



Get up



Have a shower



Get dressed



Check emails



Have breakfast



Go to work



Start working



Finish work



Get home



Have dinner



Go out



Go to bed

12

Tell us about a **working day.**



My life

What do you do **at the weekend ?**

Talk about your **daily activities**



Tell me about a working day.



Well, I **get up at about ...**



Listen to interview, **Helena** talks about her routine

4-11

say 3 things she does with her family.

So, Helena.
Do you get up early ?

What is surprising
about her ?

A full-body photograph of Helena Morrissey, a woman with dark hair tied back, wearing a red dress, standing against a blue background.

Name: Helena Morrissey
Job: CEO of Newton Investment Management
Home: London
Family: Married with nine children
Hobbies: Pilates, activities with the family

CEO is an acronym, stands for Chief executive officer
Hobby, Obama

Simple Present Yes / no question

? To make a question

Do

**you
we
they
I**

work at nights ?

+ Yes, I/you/we/they **do.**

- No, I/you/we/they **don't.**

Does

**He
she
it**

work at nights ?

+ Yes, he/she/it **does.**

- No, he/she/it **doesn't.**

do not add -s -es to *he - she - it* form of main verb.

In short answers, use *do - does*, NOT the main verb.

use contractions in negative short answers, NOT in positive short answers.

NOT ~~*Does she likes tea?*~~

Turn sentences into questions.

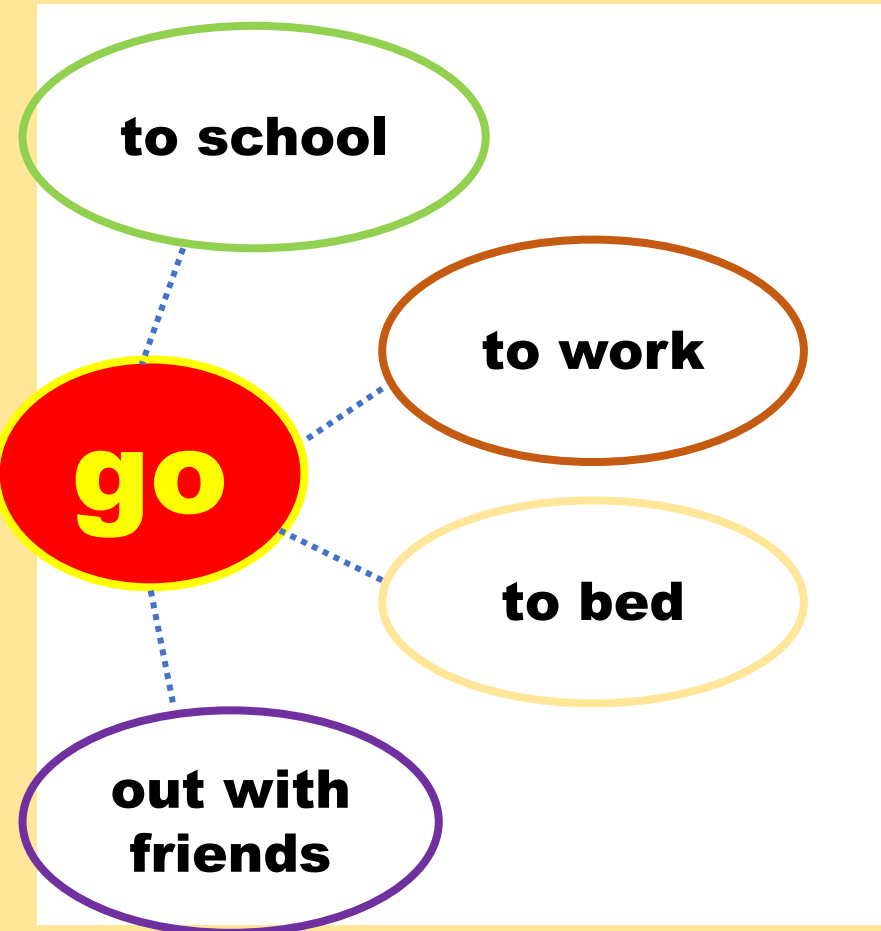
- 1. You like your job.**
- 2. She speaks Japanese.**
- 3. He has a new job.**

Collocation

Verb + Noun phrase



Some words often go together.
It helps you remember words,
speak fluently



get = home, up

have = breakfast, lunch, dinner, a shower, a bath, coffee

Do you have breakfast
at home ?

Yes. I get up at 8 a.m. and
have breakfast at home

My Day

Yes/no question Simple present,
Verb+noun phrase to talk about
Daily Activities



من تا اینجا، این مهارت رو کسب کردم که ..